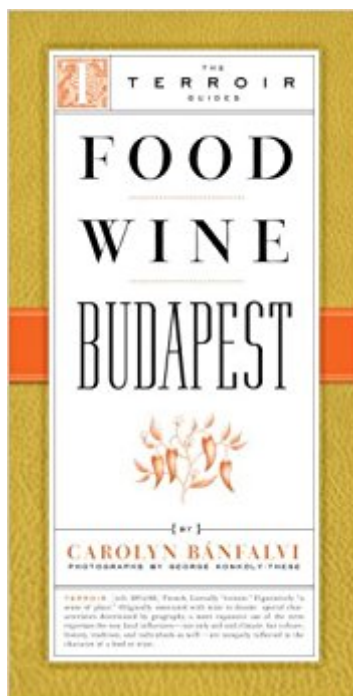


The book was found

Food Wine Budapest (The Terroir Guides)



Synopsis

Despite its vast repertoire, variety, and recipes bursting with flavor, Hungarian cuisine is one of the most underappreciated and unknown European cuisines. There are few Hungarian restaurants outside the country so those who are interested in discovering Hungarian cuisine (and any food lover should be!) must go to Hungary to sample everything firsthand, prepared with real Hungarian ingredients – now by a new generation of talented chefs and winemakers. Despite the fact that last year more foreign tourists visited the city than ever before (36.6 million), there are still no guidebooks written in English focusing on Budapest restaurants and Hungarian food. Carolyn Bájnfalvi has written the first culinary guide to Budapest, *Food Wine Budapest*. This book is a practical guide that contains the vocabulary you'll need (one obstacle to discovering Hungarian food and wine is the difficult Magyar language); dozens of restaurant, café, and shop reviews; and descriptions of Hungarian dishes and wines. The Hungarian wine industry is young, dynamic, and relatively little known outside of the country, which makes sampling its wines deliciously adventurous. The book will ensure that readers have memorable eating and drinking experiences. Throughout *Food Wine Budapest* there are also sidebars providing local color and in-depth information.

Book Information

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Customer Reviews

"The indispensable guide [to Budapest] is Carolyn Bájnfalvi's *Food Wine Budapest*, with attractive photos by George Konkoly-Thege." -Condé Nast Traveler "*Food Wine Budapest*: A

Terroir Guide, by Carolyn Banfalvi, concentrates on gastronomic pleasures. It is, quite simply, the best guide available today to the culinary renaissance of the city and region in the post-communist era. Banfalvi profiles some of the best restaurants and wine bars in Budapest, but also includes cafes, pastry shops, specialty food shops and markets, as well as the traditions behind their offerings. Helpfully, she includes extensive translations for the names of wines, foods and cooking methods as well. This is the first book in a new series called Terroir Guides, which promises to explore cities or regions, focusing on the way local influences are reflected in food and wine. The Budapest guide sets a high standard for those that follow." --Laszlo Buhasz, The Globe and Mail "Getting to the heart of regional cuisine can be a tall order, but The Terroir Guides ably examine the interplay between markets, local food artisans, winemakers, and chefs on a town-by-town basis, taking the reader from field to plate and making a great companion for any food-obsessed tourist...packed with local history, food lore, and useful translations." --Sherman's Travel "I love The Terroir Guides. They give me everything I want. They're a tactile pleasure, compact, meaty. They're lovely to look at, elegantly laid out, mutedly and tastefully colored...positively overflowing with the Who, What, Where and How even an intrepidly independent traveler should know...The Little Bookroom has a knack for putting guidebooks into print that are as useful as they are beautiful." --Wine News "A travel guide worthy of the city. You can easily kill a week in Budapest, but until now, good food guides written in English about the area were scarce. Carolyn Banfalvi's new book, Food Wine Budapest, is part of the beautiful Terroir Guides series, and fills the gap nicely. It has neighborhood guides, a primer on Tokaji wine, tons of good restaurant recommendations, and pretty pictures." -CHOW.com

Carolyn Banfalvi is a freelance journalist and author based in Budapest. She has been published in a variety of newspapers and magazines, including The Wall Street Journal Europe, Saveur, Gourmet.com, The Christian Science Monitor, The Wall Street Journal, Gastronomica, and The Washington Post. She organizes custom food and wine tours in Hungary through Taste Hungary, her culinary tour company. George Konkoly-Thege was born in Hungary. His photographs have appeared in many publications, including Cosmopolitan, Horizon (the in-flight magazine for Hungarian airline Malév), and Playboy.

I have been to Budapest many times and thought I knew most of the good eateries. This colorful guide book offers up some tempting new suggestions in city where you can find some of the best foie gras and red wine in Europe. Having recently returned from Paris I can assure you that when it

comes to value dining Budapest is hard to beat. Not only is the Hungarian food better in most cases but it is a fraction of the price one often pays in Paris for smaller portions. For those who love red wines what's not to love about the beautiful vintages coming out of Villány. The author knows Hungarian food and you can feel the love for the country, its people and its cuisine as you leaf through this beautiful edition. Invaluable : Especially now that the dollar is so strong against the forint... Visit now and enjoy the real bargains this city offers up.

It is dated and not really helpful. Printed on paper so heavy that you would not want to carry it, but it is also old enough that most of the places have changed.

After 25 years in the wine business and years of food and wine travel I was astonished when, in preparation for a trip to Budapest, I ordered Carolyn's book and after its arrival found I just couldn't put it down. Her descriptions are so complete I feel like I've already been in Budapest instead of just anticipating my upcoming trip. As far as the absence of maps my suggestion is to buy a good Budapest map or just Google Budapest. This is absolutely the best food/wine/travel book about a foreign city I've read!

Carolyn Balfanz's book is like having a friend take you by the elbow (gently) and guide you through the maze of Budapest restaurants, markets, coffee houses and bars. I first checked out places I knew--accurate and without hyperbole. I also noticed that some bad spots were not mentioned at all. Brava! It is heavy to carry around--I'll just make a list of places I want to go. Excellent about the market halls. She captures the various spirits of the many places.

I have read this book cover to cover in preparation for an extensive trip to Budapest. It is extremely well written, with excellent information on the history of Hungarian food and drink and where to go to find them. The translation indexes for food and phrases are great and I am sure it will come in handy on the road. Hungary has an excellent wine culture and this book gives you enough info to feel confident ordering or picking up a couple of good bottles. The restaurant and cafe reviews seem honest and I have already planned a few must stops straight from the book. There is also excellent info on the famous Hungarian markets and if you still have time for anything else there are some excellent sounding day trips listed out of Budapest. Super happy with this book and would highly recommend it to anyone who loves good food and drink and is planning a trip to Hungary. I have also learned that there is a website [...] by the same author with updates of their latest restaurant

picks.

I stumbled upon this book while planning our first trip to Budapest. I couldn't put it down. It was a terrific read, very informative and packed with helpful information. Personally I appreciated the historical perspective of Hungarian cuisine. More importantly it was very helpful to understand the food and wine culture of Hungary. I immediately contacted Carolyn and set up a tour of the markets during my visit. While this is a review of the book, I can not say enough about the nearly all day tour. Carolyn took my partner and I through the Central Market Hall and then to a very contrasting market just outside the city. On our way back the metro went out of service. Carolyn scrambled to create plan B and we ended up at Castro Bisztró, a hole in the wall Serbian cafe that has become my favorite spot in Budapest. Carolyn's reviews of the bars, cafes and restaurants are dead on accurate. We have come to completely depend on this guide for all our food related needs in Budapest. We have made several trip to Budapest now as my partner teaches a college term there in January. Many of her students purchased the book after Carolyn took them on a student friendly tour and used it during their month in Budapest. We have also given this book to local Hungarians as a gift and they have come to cherish the book! I do hope a second addition is in the works as I have found several of the wine shops have gone out of business. Any food guide needs to be updated over time as places go out of business or move. I can't say enough about the book or Carolyn and her husband Gábor who operate [...]. During my last visit Gábor took me on a beekeepers tour, visiting a famous bee museum and a local apiary to meet a Hungarian beekeeper. You won't find a better resource or guide than the Bőfalu's!

I travel a lot, and I travel, primarily, so that I can DINE. Accordingly, I've read a LOT of food-related guides, but never one quite as comprehensive, on-the-mark, and as readable as this one. When I first read the book (cover to cover, in preparation for a 2008 return visit to Budapest), I thought that the author must be some older, vastly-experienced travel writer, writing from a long experience with not only Budapest/Hungarian food and wine, but also coming from a broad background of food-writing all over Europe. I was (totally, joyfully) stunned to discover that the author was a young-ish resident of Budapest, and that this incredible guide was her first major published effort. Astonishing! I've read many, many food-related guides for places like Paris, London, Catalonia and elsewhere, and this book is the best one -- by far, bar none -- of all I've seen. I'm still suffering from a sort of happy disbelief at both the quality of the writing and the accuracy of the recommendations. Wow. Wow! The company that published this book should send the author on extended visits to

other major cities, to parlay her perceptive skills and style into a series. In short, if you're headed to Budapest (or anywhere else in Hungary), this is a must-have book.

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